

GROWING TOGETHER: RAISING A CHILD WITH A DISABILITY

→ Camps



There are so many camps offered to those with disabilities. Make sure to look into enrollment dates and contact the camps ahead of time to get your child on the list!

The camps listed with a * offer scholarships to their campers. For more information, visit the camp websites.



RESOURCES

→ Community



Community is so important for everyone - including those who have a disability. We have some amazing local resources for those wanting to connect.

These resources work to engage the individual in the community through activities, employment, socialization, education, and more!

Camps

***Camp Stand By Me:**

<https://www.easterseals.com/washington/our-programs/camping-recreation/>

***Camp Beausite:** <https://campbeausitenw.org/>

Camp Korey: <https://www.campkorey.org/> - **FREE**

Seattle Children's Camp Stanley Stamm:

<https://www.seattlechildrens.org/clinics/stanley-stamm-summer-camp/> - (must be patient at Seattle Children's) - **FREE**

***Crista Camps:** <https://cristacamps.com/our-camps/about-crista-camps/>

Community

The Arc of King County: Fight for access to housing, education, employment, safety, and community resources. Their goal is to further the civil rights movement for all people with I/DD to thrive as equal, valued, and active members of the community.

Vitalize Kitsap: Members gain new skills needed in developing independence, participating in the community, taking part in healthy living activities, socializing with friends, finding employment, and practicing mindful recreation. Website: <https://www.vitalizekitsap.org/>

Stephens House: Serves adults with intellectual and developmental disabilities from all over Kitsap County. They provide an affordable day program filled with structured activities, both at Stephens House and in the wider community. <https://www.bispecialneedsfoundation.org/about>

Little Bit Therapeutic Riding Center: A community where horses transform the bodies, minds, and spirits of people with disabilities. <https://www.littlebit.org/>

Parents

Kitsap Parent Coalition: The goal is to get you connected with the appropriate services available in our community, and offer opportunities for networking with other families, training, and education. <https://www.kitsapcountyparentcoalition.com/about-us.html>

Rifton Tricycles: Parents have loved connecting with their children outdoors using this tricycle - <https://www.rifton.com/products/special-needs-tricycles/adaptive-tricycles> (Conversion Racer: adaptivestar.com)

→ Parents



Being a 24/7 caregiver can be challenging, to say the least. We want to acknowledge all that you do and remind you to take care of yourself, because only then can you care for someone else. Find what brings you joy and act on that!